



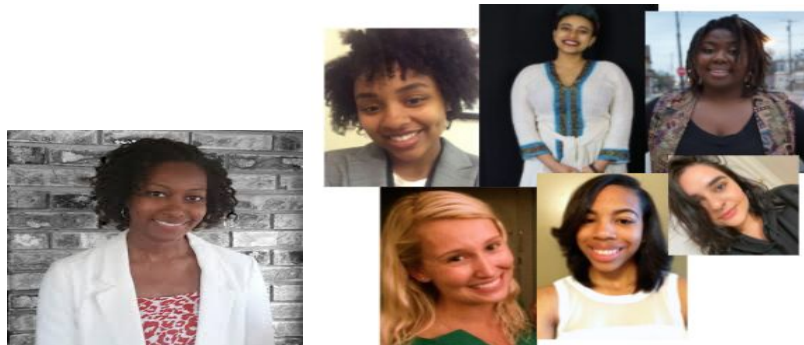
Join Codman Square NDC & UMass Boston Assoc. Professor of Psychology Dr. Tahirah Abdullah and Her Students for CSNDC's Community Collective Well-Being Series: "Reconnecting: Focusing on What We Do Know"

Wednesday, October 21st | 6:30pm - 8pm

Please RSVP Yvette Modestin for Zoom link info:

Yvette@csndc.com

Hear from Dr. Tahirah Abdullah and her students, your neighbors, community and CSNDC Staff as they facilitate a discussion highlighting ways to ground ourselves, reconnect with our individual and community strengths, and stay rooted in what we know to be true. The overall focus of our time together will be how to remain centered and continue moving forward in healthy & productive ways during these uncertain times.



Dr. Tahirah Abdullah received her B.A. in Psychology and Africana Studies from the University of Miami in 2006, and obtained her M.S. (2008) and Ph.D. (2013) in Clinical Psychology from the University of Kentucky. Dr. Abdullah teaches in the Psychology Department at the University of Massachusetts Boston and leads a research collaborative with a group of UMass Boston students, the Black Mental Health Advocacy and Research Team. The Black Mental Health Advocacy and Research Team's work is focused on supporting wellness among Black people locally and throughout the U.S. Dr. Abdullah's research team consists of graduate and undergraduate students, including: Hayat Ahmed, Samantha Duterville, Shannon Hughley, Raz Kamal, Keira O'Donovan, and Kaela Yamini.

